

Rasheda Kamaria Williams

Social Entrepreneurship + Mentoring + Youth Empowerment

ABOUT RASHEDA

Rasheda Kamaria Williams is an award-winning mentor, author and chief empowering officer for Empowered Flower Girl – a social enterprise on a mission to transform the way young people relate to one another and themselves. An engaging and empowering facilitator and speaker, Rasheda connects with youth and adult audiences. She has delivered talks, workshops and keynotes in honor of national observances including: Women's History Month, National Mentoring Month, Bullying Prevention Month and International Day of the Girl.



IMPACT & INFLUENCE

Rasheda's passion and advocacy for youth, women's rights and social change have earned numerous accolades. She was named one of "29 Inspirational Female Entrepreneurs Who Are Positively Impacting The World" and featured in Exeleon magazine as one of "15 Dynamic Entrepreneurs of 2020." In 2021, Rasheda was featured in MentHer magazine's December issue as one of the "Top 20 Social Impact Founders."

EXPERTISE

Social Entrepreneurship

After launching Empowered Flower Girl in 2010, Rasheda learned the ins and outs of running a social enterprise. She helps youth and adults bring their vision for change to life.

Bullying Prevention

One in four children are bullied during the school year. Rasheda offers tips to help youth live above bullying and drama as well as advice for parents/adult relatives to support them.

Mentoring Youth

Mentoring makes a difference for youth and young adults of all backgrounds. As a mentoring consultant, Rasheda facilitates training for aspiring mentors and helps mentor organizations recruit dedicated mentors.

SPEAKING AND MEDIA APPEARANCES

A few of the organizations/institutions that have featured Rasheda:



Social Channels



Book Rasheda:

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